

*** Civil Rights / Services / Organizations**

ACLU www.aclu-wa.org 206-624-2184
Arab American www.theaacc.org 206- 634-9001
Asian & Islander Family Center 206-467-9976
Bosnian Islamic Center Shoreline 206-365-3350
CAIR Seattle 206-367-4081
EACS E.African Community Svcs 206-721-1119
Horn of Africa www.hoas.org 206-760-0550
ICNA <http://www.icnarelief.org/mfs/>
Institute for Sufi Studies 206-954-5546
Iraqi Community Center SW Youth 206 937-7680
King County Office Civil Rights 206-296-7592
Muslim American Soc. <http://www.maseattle.org/>
NAACP 206-324-6600
<http://seattlekingcountynaacp.com/>
One America 206-723-2203
www.weareoneamerica.com
Peaceful Families Task Force 206-568-7576
<http://www.pakistanseattle.com/> 425-868-6695
<http://www.povertyaction.org/Home/index.cfm>
Refugee Federation Services 206-725-9181
REWA Refugee Women's Alliance 206-721-0243
Seattle Office of Civil Rights 206-684-4500
Solid Ground //solid-ground.org 206-694-6700
Somali Community Service 206-431-5141
Somali News <http://runtanews.com>
United African PAC <http://uapac.org/>
Urban League 206-461-3792
Veterans WA St 1-800-562-2308/ 206-220-6145
Financial Assistance call **211** \$\$\$ Assistance
CAMP (utilities, helpline) 206-812-4940
Hope-link emergency services 425-869-6027
<http://hope-link.org/>
Multi-Service Center 253-838-6810
Project Share (utilities help) 206-684-0268
Salvation Army (Shelter also) 206-447-9944
St Vincent De Paul <http://www.svdpsseattle.org/>
*** Food Banks** call **211** or 206-461-3200
NW Harvest 1-800-722-6924
DSHS http://foodhelp.wa.gov/basic_food.htm
*** Volunteer Opportunities**
<http://www.volunteersolutions.org/uwkc/volunteer>
*volunteering often leads to a job opportunity

*** Domestic Violence Assistance** call **211**

Child / Adult Abuse 1- 866-363-4276
Child Protective Services 1-800-562-5624
DV Services of Sno County 425-252-2873
CHAYA www.chayaseattle.org 1-877-92-CHAYA
Crisis Clinic 206-461-3222 / 1-866-427-4747
www.crisisclinic.org
D.A.W.N. Crisis Help 425-656-7867
<http://www.dawnonline.org/>
DV Hotline Washington State 1-800-562-6025
Eastside Domestic Violence 1-800-827-8840
New Beginings 206-522-9472
Pathways for Women counsel 425-774-9843
South County YWCA (daytime / weekdays)
Ask for Arabic Counselor 425-226-1266#1017
*** Dental Clinics Lower Income**
Central Area Clinic 206-461-7801
Georgetown Clinic 206-461-6943
Downtown Dental Clinic 206-205-0577
Eastgate Dental Clinic 206-296-9726
45th Street Clinic 206-633-3350
ICHS <http://www.ichs.com/>
N Public Dental Clinic 206-205-8580
*** Eye Exams**
Eye Association NW 206-215-2020
Lion's Low Vision Clinic 206-364-2977
Vision USA <http://www.aoa.org/visionusa.xml>
Optometric Clinical Center 206 325-1100
*** Health Care Clinics & Providers**
Al-Shifa clinic <http://alshifaclinic.org/>
Children's Hospital 206-987-2000
Community Health Access 206-284-5291
Community Health Care (CHC Clinics)
www.chpw.org 1-800-440-1561
CSO (DSHS) Medical help 1-800-562-3022
45th Street Clinic 206-633-3350
Harborview 3rd Ave Clinic 206-521-1231
Hope-link (Clinic) Sat 9 AM 425-943-7555
International ICHS <http://www.ichs.com/>
Odessa Clinic (children) 206-987-7200
Overlake Outpatient 425-688-5111
Pioneer Square Clinic 206-521-1750
Women's Health Breast And Cervical Clinic
206-284-5291 /1-800-756-5437

*** Housing Emergency Shelters (Homeless)**

For information call **211** or 1-800-621-4636
Congregations for the Homeless-M 425-749-8369
Compass <http://www.compasshousingalliance.org/>
DESC 206-464-1570
Seattle (CCS) 206-323-6336
Sacred Heart (families,women,ch) 206-285-7489
Salvation Army M 206-621-0145
Women's Referral Center (6-8PM) 206-770-0156
YMCA Emergency Services 206-568-7841
<http://www.ywcaworks.org/page/12/>
*** Housing Transitional**
Catholic Community Services/Plym 206-652-8325
www.ccsww.org (AHA)
Hope-link (Eastside & North help) 425-556-9289
<http://www.hope-link.org/>
Pathways for Women 425-774-9843
*** Permanent Housing Low Income 2 yr rental history**
Capital Hill Housing (CHHIP) 206-329-7303
Everett Housing Authority 425-258-9222
www.evha.org Sno Co Hous 425-290-8499
Housing Resource Group 206-622-2893
ImagineHousing <http://www.sahg.org> 425-576-5190
King County Housing (section 8 vouchers)
www.kcha.org 206-214-1300
Low Income Housing Alliance 206-442-9455
Low Income Housing Institute 206-443-9935
Pierce County Housing Authority 253-620-5400
www.pchawa.org
Renton Housing Authority 425-226-1850
www.rentonhousing.org
Seattle Housing Authority 206-239-1600
www.seattlehousing.org
Tacoma Housing <http://www.tacomahousing.org/>
*** Public Transportation**
CommunityTransit 425-353-RIDE/1-800-562-1375
<http://www.commtrans.org/>
Metro 206-553-3000 /1-800-542-7876
<http://metro.kingcounty.gov/>
Pierce Co.Transit 253-581-8000 /1-800-562-8109
<http://www.piercetransit.org/>
Sound Transit 1-888-889-6368
<http://soundtransit.org/>